



# MINNESOTA NATIONAL GUARD YOUTH CAMP

## MNGYC Packing List, Junior Counselor

Revised 2025

1360 University Ave West Box 132 St. Paul, Minnesota 55104-4086 Phone: (763) 670-1257

**\*\*Please mark all items with Volunteer's name\*\***

**Clothes:** Bring old destroyable items – you will get wet and dirty at camp

\_\_\_\_\_ Shorts (8): Minimum 3-inch inseam, not see-through, or overly tight, and ensure sensitive body parts are covered while squatting, running, jumping, or performing other activities at camp.

\_\_\_\_\_ Shirts (8): NO Tank tops, muscle shirts, spaghetti straps or bare midriff shirts. Ensure midriff is not exposed when lifting arms above head. No see-through shirts when wet or dry.

\_\_\_\_\_ Swimsuits (1): Females: One piece or tankini only

\_\_\_\_\_ Sweatshirts/Long sleeved shirts (2-3): At least one with a hood

\_\_\_\_\_ Water shoes for at the beach (1): Both toe and heel must be covered or have straps. NO CROCS!

\_\_\_\_\_ Pants/J Jeans (4)

\_\_\_\_\_ Pajamas (2)

\_\_\_\_\_ Socks (10 pair)

\_\_\_\_\_ Underwear (8)

\_\_\_\_\_ Light Jacket or Windbreaker

\_\_\_\_\_ Tennis shoes (2-3): They will likely get wet

### Toiletry Items:

\_\_\_\_\_ Bath Towel

\_\_\_\_\_ Wash cloths/Loofah

\_\_\_\_\_ Comb/Brush

\_\_\_\_\_ Soap/Shampoo (in plastic containers)

\_\_\_\_\_ Toothpaste/Toothbrush

\_\_\_\_\_ Deodorant

\_\_\_\_\_ Shower Sandals

\_\_\_\_\_ Sanitary napkins/Tampons

\_\_\_\_\_ Shaving Items

\_\_\_\_\_ Plastic container to carry toiletry items to and from the bathroom

### General Items:

\_\_\_\_\_ Sleeping Bag

\_\_\_\_\_ Pillow

\_\_\_\_\_ Sheets for a twin bed (optional)

\_\_\_\_\_ Rain Gear (no umbrellas)

\_\_\_\_\_ Flashlight (optional)

\_\_\_\_\_ Beach Towel

\_\_\_\_\_ Sharpies/ Pens

\_\_\_\_\_ Blanket

\_\_\_\_\_ Softball Glove (Optional)

\_\_\_\_\_ Phone/Camera & Charger

\_\_\_\_\_ Sport strap for glasses/contact lens care items

\_\_\_\_\_ Bike Helmet \*Please bring a serviceable bike helmet with you. (Less than 5 years of manufacture date)

### Optional Items:

\_\_\_\_\_ Laundry soap (Washers and dryers are available in billeting)

\_\_\_\_\_ Insect repellant (If you want to use your own)

\_\_\_\_\_ Sun screen (Colorless, if you want to use your own)

\_\_\_\_\_ Backpack (Overnight camp/daily needs)

\_\_\_\_\_ Alarm

\_\_\_\_\_ Squirt Guns (Lots of water fights at camp)

\_\_\_\_\_ Games/Stories/Songs to share (You may be asked to lead these types of activities)



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### General Information:

Volunteers may not wear clothing that reference pornographic, contain threats, or that promote illegal or violent conduct such as the unlawful use of weapons, drugs, alcohol, tobacco, or drug paraphernalia, demonstrate hate group association/affiliation and/or use hate speech targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or other protected groups.

Tobacco products & vapes: Junior Counselors are **NOT ALLOWED** to have these items.

Drugs of any kind, including legal marijuana, are **NOT ALLOWED** on Camp Ripley.  
(Even if legal in the State of Minnesota, you will be on a military base and these items are prohibited.)

Possession and consumption of alcoholic beverages for volunteers under the age of 21 is strictly forbidden and is grounds for immediate dismissal from camp. Providing alcohol to any persons under the age of 21 is strictly forbidden and is grounds for immediate dismissal from camp.

Meals & lodging are provided by camp.

Junior Counselors are **NOT ALLOWED** to bring campers the night before camp.

You will be outside all week, rain or shine. Plan for it 😊

### What NOT to bring to Camp:

Alcohol Products

Tobacco Products/vapes

Drugs

Matches, lighters, or candles

Roller Blades/Skateboards/Bikes

Knives or weapons of any kind

Pets

Hair Spray (attracts bugs)

Fireworks

Sandals, Clog-style Crocs (or off brands)

Perfume or Cologne (attracts bugs)

Disposable cameras

Medications (other than prescribed)

**\*\*You may be asked to leave if these items are found\*\***