



# MINNESOTA NATIONAL GUARD YOUTH CAMP

## MNGYC Volunteer Packing List

Revised 2025

1360 University Ave West, Box 132, St. Paul, Minnesota 55104-4086 Phone: (763) 670-1257

**\*\*Please mark all items with Volunteer's name\*\***

**Clothes:** Bring old destroyable items – you will get wet and dirty at camp

- \_\_\_\_\_ Shorts (8): Minimum 3-inch inseam, not see-through, or overly tight, and ensure sensitive body parts are covered while squatting, running, jumping, or performing other activities at camp.
- \_\_\_\_\_ Swimsuits (1): Females: One piece or tankini only
- \_\_\_\_\_ Pants/J Jeans (4) \_\_\_\_\_ Pajamas (2)
- \_\_\_\_\_ Socks (10 pair) \_\_\_\_\_ Underwear (8)
- \_\_\_\_\_ Light Jacket or Windbreaker \_\_\_\_\_ Tennis shoes (2-3): They will likely get wet
- \_\_\_\_\_ Sweatshirts/Long sleeved shirts (2-3): At least one with a hood
- \_\_\_\_\_ Water shoes for at the beach (1): Both toe and heel must be covered or have straps. NO CROCS.
- \_\_\_\_\_ Shirts (10): No tank tops, muscle shirts, spaghetti strap or bare midriff shirts. Ensure midriff is not exposed when lifting arms above head and are not see through when wet or dry.

### Toiletry Items:

- \_\_\_\_\_ Bath Towel \_\_\_\_\_ Wash cloths/Loofah
- \_\_\_\_\_ Comb/Brush \_\_\_\_\_ Soap/Shampoo (in plastic containers)
- \_\_\_\_\_ Toothpaste/Toothbrush \_\_\_\_\_ Deodorant
- \_\_\_\_\_ Shower Sandals \_\_\_\_\_ Sanitary napkins/Tampons
- \_\_\_\_\_ Shaving Items
- \_\_\_\_\_ Plastic container to carry toiletry items to and from the bathroom

### General Items:

- \_\_\_\_\_ Sleeping Bag \_\_\_\_\_ Pillow
- \_\_\_\_\_ Sheets for a twin bed (optional) \_\_\_\_\_ Rain Gear (no umbrellas)
- \_\_\_\_\_ Flashlight \_\_\_\_\_ Beach Towel
- \_\_\_\_\_ Phone/Camera
- \_\_\_\_\_ Sport strap for glasses/contact lens care items
- \_\_\_\_\_ Bike Helmet \*Please bring a serviceable bike helmet with you. (Less than 5 years of manufacture date)

### Optional Items:

- \_\_\_\_\_ Suitcase or duffel bag \_\_\_\_\_ Backpack (Overnight camp/daily needs)
- \_\_\_\_\_ Phone Charger \_\_\_\_\_ Softball Glove
- \_\_\_\_\_ Alarm \_\_\_\_\_ Squirt Guns (Lots of water fights at camp)
- \_\_\_\_\_ Stickers (to give to kids) \_\_\_\_\_ Pens/sharpies
- \_\_\_\_\_ Games/Stories/Songs to share (You may be asked to lead these types of activities)
- \_\_\_\_\_ Laundry soap (Washers and dryers are available in billeting)
- \_\_\_\_\_ Insect repellant (If you want to use your own)
- \_\_\_\_\_ Sun screen (Colorless, if you want to use your own)



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### General Information:

Volunteers may not wear clothing that reference pornographic, contain threats, or that promote illegal or violent conduct such as the unlawful use of weapons, drugs, alcohol, tobacco, or drug paraphernalia, demonstrate hate group association/affiliation and/or use hate speech targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or other protected groups.

Tobacco products & vapes are allowed, if 21 years old or older, but **NEVER** in front of campers.  
(Junior Counselors are NOT ALLOWED to have these items.)

Drugs of any kind, including legal marijuana, are **NOT ALLOWED** on Camp Ripley.  
(Even if legal in the State of Minnesota, you will be on a military base and these items are prohibited.)

Responsible alcohol consumption is permitted after hours, for those of legal drinking age (21). Overconsumption of alcohol is not permitted at any time. Possession and consumption of alcoholic beverages for volunteers under the age of 21 is strictly forbidden and is grounds for immediate dismissal from camp. Providing alcohol to any persons under the age of 21 is strictly forbidden and is grounds for immediate dismissal from camp.

Meals & lodging are provided by camp.

When you show up for training on Saturday and you have a camper with you, that camper must lodge with you on Saturday night. (Junior Counselors are not allowed to bring campers the night before camp.)

In Billeting, your room will have Wi-Fi and Cable. You will also have access to a fridge for personal snacks.

You will be outside all week, rain or shine. Plan for it 😊

### What NOT to bring to Camp:

**\*\*You may be asked to leave if these items are found\*\***

Hair Spray (attracts bugs)	Medications (other than prescribed)
Knives or weapons of any kind	Fireworks
Matches, lighters, or candles	Sandals, CROCS or open toed shoes
Roller Blades/Skateboards/Bikes	Perfume or Cologne (attracts bugs)
Disposable cameras	Pets
Drugs	